

## **Journey of Himesh**

I, Saritha Jain, was 38 years old when Himesh was born. We were very happy and excited when Himesh came into our life. But after 18 days, our life took a turn when we came to know that Himesh is born with down syndrome.

We were shattered and depressed as we didn't know what Down Syndrome means. We started collecting the information from the internet and from our friends and family.

With right guidance, we could engage with various therapies like occupational therapy, speech therapy, special education therapies etc. Early intervention really helped Himesh and he started touching his milestones without much delay. Yes, it was not easy, but we were not ready to give up. Our hard work and dedication helped Himesh to bring out his best.

I believe my son showed me the meaning of life, the best thing which happened to me is Himesh, my son. He made me a stronger person.

All I can say is we are blessed parents as Himesh has taught us the real meaning of our life.







